

Hot 'n' Cold

Eye Pad - PHC 100

Thank you for purchasing the PROTON Hot'n'Cold Eye Pad.

INSTRUCTIONS FOR USE

Please read the entire content in this leaflet carefully before using the product.

Proton Hot'n'Cold Eye Pad has been specially designed to provide sensitive care for your eyes by replacing conventional face towels, ice bags and water bottles.

The soft, durable, portable and economical Eye Pad provides a safe and drug free treatment for home and leisure use.

PRECAUTIONS

Remove facial make-up if any, contact lenses or spectacles before use of the Eye Pad.

People with circulatory disorders and any pre-existing medical eye condition, should use the Eye Pad only after consulting a doctor.

It is advisable to use the protective cover provided or a thin towel to avoid burns or frostbites.

The Eye Pad could get damaged or punctured by overheating or if extra pressure is applied on the pad.

If the gel leaks and cause scalds, seek medical advice.

Discard the Eye Pad if it is damaged or punctured.

Do not heat in a conventional oven or grill.

The Eye Pad contains non-toxic gel filling. However, if the contents come in contact with the skin, clothing or other fabrics, wash with water and a mild soap.

For external use only.

COLD THERAPY

Cold therapy provides rapid relief and a gentle refreshment to strained, painful or tired eyes. Cold applications help reduce swelling and pain.

Place the Proton Eye Pad (without the protective cover) in a freezer or the ice compartment of a refrigerator, for at least two hours. (The Eye Pad may be stored in the above manner for immediate use anytime.)

Remove facial make-up if any, contact lenses or spectacles before use of the Eye Pad.

Place the Eye Pad gently over the eyes and secure at the back to obtain comfort. Take away the Eye Pad if it feels uncomfortable.

Place the Eye Pad into the protective cover provided or a thin towel before use, if required.

HOT THERAPY

Heat therapy aids healing process and helps to increase

blood circulation around the eyes, thus providing comfort and warmth.

Attention: If you are not sure which treatment to use, seek advice from your doctor.

Heating by hot water

Soak the Proton Eye Pad in boiling water (away from direct flame) for at least 5 minutes.

Remove from the boiling water and wipe it dry. Check the temperature of the Eye Pad by placing it on the back of your hand before use.

Remove facial make-up if any, contact lenses or spectacles before use of the Eye Pad.

Place the Eye Pad gently over the eyes and secure at the back to obtain comfort. Take away the pad if it feels uncomfortable.

Place the Eye Pad into the protective cover provided or a thin towel before use, if required.

Heating by microwave

Proton Eye Pad may be heated in a microwave. Heating time will vary depending on the microwave used.

Place the Eye Pad in a microwave safe container and fill with water until the pad is completely immersed.

To determine heating time, heat the Eye Pad repeatedly for 30 second intervals until the required temperature is achieved.

Remove the pad carefully from the water and check the temperature of the pad by placing it on the back of your hand before use.

Remove facial make-up if any, contact lenses or spectacles before use of the Eye Pad.

Place the Eye Pad gently over the eyes and secure at the back to obtain comfort. Take away the pad if it feels uncomfortable.

Place the Eye Pad into the protective cover provided or a thin towel before use, if needed.

If required, the Eye Pad can be heated again and re-used.

CONTENTS OF THE PACK

1 unit of Proton Hot'n'Cold Eye Pad, 1 protective cover and an instructions leaflet.

MAINTENANCE & CARE OF PACK

The Proton Hot'n'Cold Eye Pad is reusable. It can be washed with mild detergent after every use to remove any grease, sweat or dirt particles.

PROTON Healthcare Ltd., U.S.A. has a complete range of Hot'n'Cold therapy health products. They come in various shapes and designs to suit your specific requirements. Kindly ask your local PROTON products stockist for more details or visit www.protonhealthcare.com or write to info@protonhealthcare.com